# THE CORNERSTONE

THE NEWSLETTER OF FEDERAL RESERVE PLAZA

## Federal Reserve Plaza receives 2011 Earth Award

Federal Reserve Plaza has been named the recipient of the 2011 Earth Award presented by the Mid-Atlantic Conference of the Building Owners and Managers Association (BOMA MAC). As winners of the Boston BOMA Earth Award in November 2010, Federal Reserve Plaza advanced to this next level of competition, among 14 other local BOMA districts in 7 states.

The BOMA Earth Award recognizes excellence in building operations and property management, including environmental leadership. Sustainable practices in operating systems are a key element, and other components include employee health and safety, water and energy conservation, indoor air quality, waste management, and emergency response plans that provide for environmental protection.

We have a comprehensive energy conservation program which includes a rigorous preventive maintenance program, an effective energy management plan, and energy-friendly operating policies. We also use native vegetation, organic fertilizers, and a high efficiency irrigation system in our extensive landscaping plan, and we have been recognized for our sustainable strategies, including green cleaning, material reuse and recycling, indoor air quality plan, and green purchasing policy for products required to operate and maintain the property.

"Our sustainability commitment is not about winning awards, however nice that may be. We know we play a leadership role in our community in advancing an understanding of environmentally-friendly operations, and we continue to look for new and creative ways to improve our energy efficiency and overall sustainability."

Chris Gale, Senior Vice President



Federal Reserve Plaza: Mechanical Room on the 33rd floor.

"Our long-standing commitment to energy efficiency has created a continual drive for improvement and innovation in all of our building processes, across all of our operating systems. Bank employees and our tenant staff all play a major role in making our building a leader in sustainability."

> Dana Warren Vice President

## The Harborview: Local and Organic

Chef Larry Finney in the Harborview Dining Room is a real locavore. The HDR already sources all of its seafood and meat locally. "Our meat is organic and grain-fed," says Chef Larry. "It's all from sustainable sources. We know the farmers and their operations. The bison, for instance, is from a farm in New Hampshire. In fact, you can click on Sodexo-Online and see photos of the farmer." Once the local growing season begins, Chef Larry will bring local fruits and vegetables to the table as well. Join us in the Harborview for a loca-lunch.

## Recycle, Reuse, Repurpose



Intern Ahn Truong collects donated cell phones and eyeglasses.



Dave Gillon of Wolf Greenfield peruses the shelves outside Cafe Six Hundred.

Dubbed the "Give Back Rack," the new receptacle on the 4th floor near the vending area offers a place to repurpose your old eyeglasses and cellphones. Eyeglasses are donated to the International **Lions' Club's Recycle for Sight** initiative, whose volunteers clean and package the glasses and then distribute them, at no cost, to individuals around the world. It costs the Lions Club only 8 cents to put your old glasses into new hands and change a life.

Phones are donated to **Cellphones for Soldiers** (CFS), a registered 501(c)3 organization started by two teenagers from Norwell MA with \$21 and a desire to help. The cellphones collected are sold to ReCellular and turned into prepaid calling cards for U.S. troops stationed overseas. The CFS website has information on how to erase your data before you donate.

Batteries may also be brought to the Give Back Rack for disposal. (No outsized batteries, please.)

The Lending Library. Reduce, reuse, recycle? How about Read? Plan your summer reading list at the Lending Library on the 4th floor. Help yourself to a book or a magazine and enjoy, then return it for others to share.

## Composting in the Kitchens

Since April 1, all of our dining areas collect and compost food waste, and Landscaping Services adds in plant and floral debris. This "organic recycling" results in enriched farming soil in about 8 months time. Our first week's collection totaled close to a half ton of compostable materials.

Sodexo's Lee Caron prepares produce for the salad bar and composts the debris.



### Green Thumb Tips from Paul Kelly, Landscaping Supervisor

April: Fertilize your lawns now. Grass

will help choke out the weeds which sprout as it gets warmer.

May: Flowering annuals look best when set off by a dark green background. Loosen some soil around and in front of your shrubbery, add a little fertilizer, and plant a few annuals in these spots. Stick with one kind of plant rather than several varieties or colors - the uniformity looks less cluttered. Pick a color that accents the color of your home.

**June:** Water newly planted grass and annuals deeply once every few days, rather than in daily small doses, to encourage deeper root systems which will better survive summer heat.

## Rinsed and Ready, Foil or Filled

Thanks to your help, we have increased our building-wide recycling rate by 6% over 2010. On average, we currently recycle 63% of trash. While the numbers can fluctuate based on the makeup of trash, over time a high percentage tells a great story: our success is directly attributable to your contribution. Remember, recycling depends on individual choices.

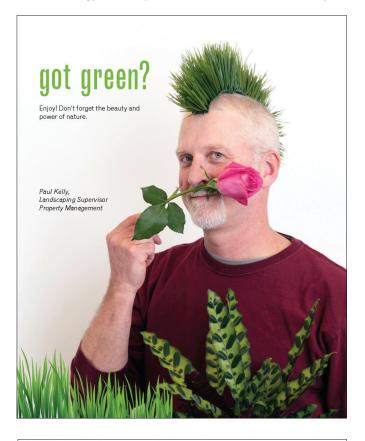
What is recyclable? Check the Recycle: Rinsed and Ready and Trash: Foil or Filled posters in Café Six Hundred for easy reference. Most items can be recycled; just rinse out the messy ones. Wrappers containing foil, or small containers that are filled with foodstuff and hard to rinse thoroughly [like ketchup cups] should be discarded in the trash.

# Get Your Green On





Join us in maximizing our sustainability. Reduce energy consumption, choose reusables, and recycle.







# **At Your Service**

### **Electric Personalities**

Don't bet with Joe Conti on a sports trivia question. Any of the electricians will tell you you'll lose. They're all sports fans, but Joe's the resident expert.

This tight knit group of sparkies is another set of long-time veterans at Federal Reserve Plaza, except for "the new guy" Bernie Lennon, with a year on the job. Jim DiVola and Joe Conti came aboard at the same time almost 11 years ago, and Sam Hong is now approaching his 24th year. Matt Catizone started here when he was 16 years old, coming up through first the Bank's high school internship program and then our electrician apprenticeship program, which was first proposed - by a staff member responsible for purchasing stock - 25 years ago. That stocker became the program's first apprentice and is now you guessed it: master electrician and shop supervisor Lindy Moses.

The electricians are involved in every project in the building, from the Bank's Master Space Plan, to renovations like the recent upgrades to the lobbies and the Connolly Center/Atrium Café project, to close to 1500 service calls each year. They have a robust preventive maintenance program to ensure that the 13,800 volts pouring continuously into the building drop to 480 volts and zip through the grid to end up at a 120 volt outlet where



From our last edition: carpenters Bruce Smith, Dave Murray, Jack Wilder, intern Nate Porter, Ken Gordon, John Bambury, intern Phi Nguyen, Tom Donahue. Not pictured: Lloyd Farrar

Electricians: (back row) Sam Hong, Jim DiVola, Lindy Moses, (front row) Matt Catizone, Chris Ramirez, Joe Conti, Bernie Lennon.

you plug in your desk lamp. They service all of the building's motors and pumps, and execute major shutdowns one weekend every year on a three-year cycle, thoroughly testing first the emergency power system, then the Uninterruptable Power Supply (UPS) system, and every third year, an entire building power shutdown. They are an integral part of our sustainability efforts as we convert from CFL's to LED lighting - their efforts save both energy and money.

They have 7 grandchildren, a couple of college kids, a passel of teenagers, and some tweeners among them. As busy as they are with work and their families, they also spend time together off the clock, with occasional day-trips

> on the weekend (fishing and Foxwoods, we hear]. We hate to put it like this, but there's some real electricity on this team. They're good pals, and they genuinely love being electricians - their enjoyment in their work really lights up their faces.



#### CORNERSTONE

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